



CHESTERMERE

# Proclamation

## MEN'S HEALTH MONTH

June 2026

**WHEREAS** Men's Health Month is part of an ongoing international effort to educate men, boys and their families about preventive care, early detection, and healthier lifestyles; and

**WHEREAS** in Canada, men face distinct health challenges, including a lower average life expectancy, elevated risks of early mortality, higher rates of suicide, substance use disorders, chronic illnesses and gambling addiction; and

**WHEREAS** June is designated as Men's Health Month, serving as a dedicated time to raise awareness, promote prevention, and enhance the overall health and well-being of men and boys; and

**WHEREAS** the City of Chestermere encourages residents to foster greater awareness regarding the benefits of a healthy lifestyle, consistent physical exercise, and routine medical screenings;

**THEREFORE** I, Shannon Dean, Mayor of the City of Chestermere, do hereby proclaim June 2026, in the City of Chestermere as:

**“Men's Health Month”**

Mayor Shannon Dean

